

# Helping You Wear it Right

## Wearing your elastomeric full face, 6 strap respirator

1



Fully loosen all six head straps. Pull hair back with one hand. Bring facepiece up to face with other hand.

2



While holding the facepiece in place, pull the straps over your head.

3



Tighten the two bottom straps.

4



Tighten the two middle straps, then the two top straps.



## Check the seal of your elastomeric full face, 6 strap respirator each time you don the respirator.



### 1. Positive Pressure User Seal Check

Place the palm of your hand over the exhalation valve cover and *exhale* gently. The facepiece should bulge slightly. If air leaks between the face and the faceseal of the respirator, reposition it and adjust the straps for a tighter seal. If you cannot

achieve a proper seal, **do not** enter the contaminated area. See your supervisor.



### 2. Negative Pressure User Seal Check

#### Using Particulate Filters

Place your thumbs over the center of the particulate filters and *inhale* gently. The facepiece should collapse slightly. If air leaks between the face and the faceseal of the respirator, reposition it and adjust the straps for a tighter seal. If you cannot achieve a proper seal, **do not** enter the contaminated area. See your supervisor.

#### Using Cartridges

Place the palms of your hands over the cartridges and *inhale* gently. The facepiece should collapse slightly. If air leaks between the face and the faceseal of the respirator, reposition it and adjust the straps for a tighter seal. If you cannot achieve a proper seal, **do not** enter the contaminated area. See your supervisor.

#### WARNING

These respirators help reduce exposures to certain airborne particulates. Before use, the wearer must read and understand the User Instructions provided as a part of the product packaging. A written respiratory protection program must be implemented meeting all the requirements of OSHA 1910.134 including training, fit testing and medical evaluation. In Canada, CSA standards Z94.4 requirements must be met and/or requirements of the applicable jurisdiction, as appropriate. **Misuse may result in sickness or death.** For proper use, see package instructions, supervisor, or call 3M OH&ESD Technical Service in USA at 1-800-243-4630 and in Canada at 1-800-267-4414.